

IN THE SPECIFICATION

Please make the following amendments into the specification:

Please, change the chapter DESCRIPTION OF DRAWINGS on page 3 to read as follows:

BRIEF DESCRIPTION OF THE DRAWINGS

~~Not applicable~~

Fig. 1. is an illustration of the hand massaging ball having a valve suitable for inserting an air needle.

Fig. 2. is a perspective view of the patient's hand holding the massaging ball in the palm of the hand and using it to therapeutic exercise by moving the thumb as shown by the arrow.

Fig. 3. is a perspective vies of the patient's hand holding the massaging ball in the palm and using it to therapeutic exercise by moving the index finger as shown by the arrow.

Fig. 4. is a perspective view of the patient's hand holding the massaging ball in the palm and using it to therapeutic exercise by moving all the fingers except the thumb as shown by the arrow.

~~Delete the heading LIST OF REFERENCE NUMERAL and the text "Not applicable" under the heading on page 4.~~

Amend the heading DESCRIPTION OF INVENTION on page 4 as follows:

DETAILED DESCRIPTION OF INVENTION

Please, amend the last sentence on the first paragraph under Description of invention to read as follows:

03 NZ The hand held object 10 that may be a sphere (ball) or other shape is gently manipulated in the hand as a way of giving a therapeutic massage to the hand and wrist.

Please, amend the last sentence of the second paragraph under Description of invention to read as follows:

NZ The degree of tension may be adjusted by a valve 20 and /or bladder device that will allow different degrees of therapeutic exercise to be achieved.